

Iowa Conference - Boys - 5/11/2009
Ames High School
Team Rankings - Through Event 54
Male Team Scores - 1 Varsity Division

Place	School		Points
1	Wdm Valley	WDMV	147
2	Waukee	WAUK	143
3	Ames	AMES	136
4	Mason City	MC	77
5	Marshalltown	MTWN	31
6	Fort Dodge	FDSH	18
Total			552.00

Male Team Scores - 2 Junior Varsity Division

Place	School		Points
1	Wdm Valley	WDMV	193
2	Waukee	WAUK	118
3	Mason City	MC	101
4	Ames	AMES	91
5	Marshalltown	MTWN	43
6	Fort Dodge	FDSH	3
Total			549.00

Male Team Scores - 3 Freshman Division

Place	School		Points
1	Waukee	WAUK	182
2	Wdm Valley	WDMV	116
3	Ames	AMES	86
4	Marshalltown	MTWN	68
5	Mason City	MC	55
6	Fort Dodge	FDSH	34
Total			541.00

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Results

Event 1 Boys Shot Put Varsity			
Name	School	Finals	
Finals			
1 Toben, Nic	Ames	52-09.00	10
2 Hahle, Coltin	Mason City	52-08.00	8
3 Redmond, Cody	Wdm Valley	50-06.00	6
4 Hannon, Naser	Wdm Valley	50-01.50	4
5 Kelley, Henry	Waukee	49-10.00	2
6 La Mar, Chris	Ames	47-07.25	1
7 Winter, Adam	Fort Dodge	47-03.50	
8 Schiffer, Matt	Mason City	46-11.50	
9 Jordan, Tyler	Marshalltown	44-02.00	
10 Tennison, Cody	Waukee	43-04.00	
11 Seberger, Andy	Marshalltown	40-03.00	

Event 2 Boys Shot Put Junior Varsity			
Name	School	Finals	
Finals			
1 Pappas, Nick	Mason City	46-07.00	10
2 Wood, Ryan	Wdm Valley	42-06.00	8
3 Kokemiller, Josh	Ames	42-03.50	6
4 Wachter, Jordan	Waukee	40-11.50	4
5 Huygens, Addison	Wdm Valley	40-08.50	2
6 Vogel-Welchen, Anthony	Waukee	39-11.00	1
7 Porter, Levi	Fort Dodge	38-00.00	
8 Smalley, Stephen	Ames	37-11.00	
9 Gonzalez, Aaron	Marshalltown	35-08.50	
10 Wilderman, Tevon	Mason City	33-05.00	
11 Beye, Matt	Marshalltown	33-00.00	
12 Riley II, Charles	Fort Dodge	26-07.00	

Event 3 Boys Shot Put Freshman			
Name	School	Finals	
Finals			
1 Mericle, Kyle	Fort Dodge	41-05.50	10
2 Feldman, Austin	Marshalltown	39-00.00	8
3 Mentzer, Jack	Waukee	35-07.50	6
4 Sharp, Marshall	Wdm Valley	34-04.50	4
5 VanHorn, Jon	Marshalltown	34-04.00	2
6 Barrett, Nicholas	Wdm Valley	31-11.00	1
7 Brinkmeyer, Brady	Ames	31-03.00	
8 Minger, Josh	Waukee	30-06.00	
9 Uhlmeyer, Joel	Ames	29-07.00	
10 Tyler, Michael	Mason City	25-05.75	
11 Platts, Patrick	Mason City	20-06.50	

Event 4 Boys Long Jump Varsity			
Name	School	Finals	
Finals			
1 Novey, Brent	Ames	21-01.00	10
2 Moeller, Nate	Fort Dodge	20-09.25	8
3 Johnson, DeAndre	Wdm Valley	20-01.00	6
4 Wandling, James	Ames	20-00.50	4
5 Knott, Jake	Waukee	19-08.50	2
6 Scates, Andrew	Wdm Valley	19-06.25	1

Event 5 Boys Long Jump Junior Varsity			
Name	School	Finals	
Finals			
1 Philblad, Sean	Waukee	19-04.75	10
2 Lindaman, Benton	Wdm Valley	18-08.00	8
3 Getting, Jon	Waukee	18-05.00	6
4 Kunz, Derek	Mason City	18-03.50	4
5 Hickman, Matt	Mason City	17-01.25	2
6 Hershey, Brian	Wdm Valley	16-05.25	1

Event 6 Boys Long Jump Freshman			
Name	School	Finals	
Finals			
1 Lucs, Nate	Waukee	18-03.25	10
2 Officer, Jordan	Waukee	17-06.00	8
3 Saltou, Josh	Mason City	17-05.50	6
4 Wang, Jordan	Wdm Valley	16-11.75	4
5 Stepleton, Tommy	Mason City	16-06.00	2
6 Branch, Phelan	Ames	15-08.00	1
7 Holmes, TeRae	Wdm Valley	14-09.25	

Event 7 Boys High Jump Varsity			
Name	School	Finals	
Finals			
1 Lucs, Nick	Waukee	6-04.00	10
2 Kong, Khor	Marshalltown	5-10.00	8
3 Scates, Andrew	Wdm Valley	J5-10.00	6
4 Johnson, DeAndre	Wdm Valley	5-08.00	4
5 Rier, AJ	Mason City	5-06.00	2
6 Larson, Danny	Mason City	J5-06.00	1
7 Girkin, Conner	Waukee	J5-06.00	
8 Wandling, James	Ames	J5-06.00	
9 Spencer, John	Fort Dodge	5-04.00	

Event 8 Boys High Jump Junior Varsity			
Name	School	Finals	
Finals			
1 Bednar, Jonathon	Wdm Valley	5-08.00	10
2 Shackford, Coleon	Wdm Valley	J5-08.00	8
3 Ewalt, Austin	Marshalltown	5-04.00	4
3 Ranney, Kevin	Ames	5-04.00	4
3 Duncan, Mark	Marshalltown	5-04.00	4
--- Spencer, John	Fort Dodge	NH	
--- Gealow, Lee	Mason City	NH	
--- Atkinson, RJ	Mason City	NH	

Event 9 Boys High Jump Freshman			
Name	School	Finals	
Finals			
1 Craw, Elliott	Mason City	5-08.00	10

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Finals ... (Event 9 Boys High Jump Freshman)

Name	School	Finals	
2 Stepleton, Tommy	Mason City	5-04.00	8
3 Maher, Adam	Ames	5-02.00	6
4 Jarrard, Cole	Fort Dodge	J5-02.00	4
5 Wang, Jordan	Wdm Valley	J5-02.00	2
6 Volk, Tanner	Waukee	5-00.00	1
7 Breitling, Hansen	Ames	J5-00.00	
--- Holmes, TeRae	Wdm Valley	NH	

Event 10 Boys Discus Throw Varsity

Name	School	Finals	
Finals			
1 Schiffer, Matt	Mason City	163-08	10
2 Howard, Dom	Ames	162-11.50	8
3 Kelley, Henry	Waukee	159-11	6
4 Hannon, Naser	Wdm Valley	154-06.50	4
5 Toben, Nic	Ames	150-00	2
6 Hahle, Coltin	Mason City	137-11	1
7 Seberger, Andy	Marshalltown	127-10.50	
8 Hinkhouse, Dallas	Wdm Valley	125-06.50	
9 Tennison, Cody	Waukee	116-09	
10 Gonzalez, Aaron	Marshalltown	109-07	
11 Browns, David	Waukee	x104-02	

Event 11 Boys Discus Throw Junior Varsity

Name	School	Finals	
Finals			
1 Pappas, Nick	Mason City	133-10	10
2 Chonka, John	Wdm Valley	123-10	8
3 Kokemiller, Josh	Ames	117-07	6
4 Tennison, Cody	Waukee	115-06	4
5 Campos, Bryan	Wdm Valley	111-06	2
6 Flores, Thorin	Mason City	103-10	1
7 Gehring, Tom	Ames	82-03	
8 Porter, Levi	Fort Dodge	79-09	

Event 12 Boys Discus Throw Freshman

Name	School	Finals	
Finals			
1 La Mar, Chris	Ames	99-10	10
2 Feldman, Austin	Marshalltown	98-03.50	8
3 Mericle, Kyle	Fort Dodge	97-04	6
4 Henaman, Zachary	Wdm Valley	96-09	4
5 Uhlmeier, Joel	Ames	92-05.50	2
6 Sharp, Marshall	Wdm Valley	91-04	1
7 Case, Austin	Marshalltown	87-06	
8 Hamling, Cory	Waukee	87-01.50	
9 Tyler, Michael	Mason City	79-01.50	
10 Mentzer, Jack	Waukee	76-04	
11 Edwards, Sam	Fort Dodge	65-07	
12 Platts, Patrick	Mason City	62-00.50	

Event 13 Boys 3200 Meter Run Varsity

Name	School	Finals	
Finals			
1 Rich, Tyler	Waukee	9:43.64	10
2 Coppess, Kit	Wdm Valley	9:46.31	8
3 Wiemers, Zachary	Wdm Valley	9:57.09	6
4 Gutschenritter, Chad	Waukee	10:03.74	4
5 Swarts, Logan	Marshalltown	10:05.60	2
6 Manchester, Cody	Mason City	10:29.51	1
7 Kremer, Christian	Marshalltown	10:30.58	
8 Lennon, Josh	Fort Dodge	11:29.24	
9 Larson, Lars	Fort Dodge	11:47.33	

Event 14 Boys 3200 Meter Run Junior Varsity

Name	School	Finals	
Finals			
1 Hughes, Logan	Wdm Valley	10:21.90	10
2 Wink, Mitch	Waukee	10:24.10	8
3 Butel, Bryan	Wdm Valley	10:38.56	6
4 Hoyt, Jordan	Waukee	10:43.07	4
5 Watts, Austin	Marshalltown	11:14.24	2
6 Springer, John	Fort Dodge	11:31.01	1
7 Hernandez, Manuel	Mason City	11:32.58	
8 Scallon, Nick	Ames	11:44.44	
9 Lawler, Brady	Marshalltown	11:55.75	
10 Hendrix, Stetson	Fort Dodge	13:08.73	

Event 15 Boys 3200 Meter Run Freshman

Name	School	Finals	
Finals			
1 Espeset, Jackson	Ames	10:49.09	10
2 Wilson, Zach	Mason City	11:10.57	8
3 Rich, AJ	Waukee	11:12.85	6
4 Hughes, David	Marshalltown	11:14.07	4
5 Day, Alexander	Wdm Valley	11:28.60	2
6 Hutchinson, Jonathon	Wdm Valley	11:32.00	1
7 Oberman, Jack	Waukee	12:13.78	
8 Russell, Reed	Fort Dodge	12:24.28	

Event 16 Boys 4x800 Meter Relay Varsity

Team	Relay	Finals	
Finals			
1 Waukee	A	8:00.79	10
2 Mason City	A	8:02.04	8
3 Ames	A	8:03.70	6
4 Marshalltown	A	8:12.00	4
5 Wdm Valley	A	8:25.83	2
6 Fort Dodge	A	8:31.46	

Event 17 Boys 4x800 Meter Relay Junior Varsity

Team	Relay	Finals	
Finals			
1 Mason City	B	8:30.19	10
2 Wdm Valley	B	8:31.11	8
3 Ames	B	8:58.13	6

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Finals ... (Event 17 Boys 4x800 Meter Relay Junior Varsity)

Team	Relay	Finals
4 Marshalltown	B	9:03.17 4
5 Waukee	B	9:14.81 2
6 Fort Dodge	B	9:38.01

Event 18 Boys 4x800 Meter Relay Freshman

Team	Relay	Finals
Finals		
1 Wdm Valley	C	9:24.42 10
2 Waukee	C	9:28.66 8
3 Mason City	C	9:40.73 6

Event 19 Boys 4x110 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 Ames	A	58.19 10
2 Mason City	A	1:00.36 8
3 Wdm Valley	A	1:00.40 6
4 Fort Dodge	A	1:00.98 4
5 Waukee	A	1:02.78 2
6 Marshalltown	A	1:05.63

Event 20 Boys 4x110 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
Finals		
1 Mason City	B	1:05.48 9
1 Ames	B	1:05.48 9
3 Wdm Valley	B	1:09.13 6
4 Marshalltown	B	1:19.61 4
--- Waukee	B	DQ

Event 21 Boys 4x110 Meter Shuttle Hurdle Freshman

Team	Relay	Finals
Finals		
1 Wdm Valley	C	1:07.36 10
2 Fort Dodge	B	1:08.81 8
3 Waukee	C	1:11.71 6
4 Mason City	C	1:17.39 4

Event 22 Boys 100 Meter Dash Varsity

Name	School	Finals
Finals		
1 Tim, Sam	Ames	11.12 10
2 Johnson, Dane	Wdm Valley	11.49 8
3 Lintz, Isaac	Wdm Valley	11.53 6
4 Knott, Jake	Waukee	11.56 4
5 Thompson, Sam	Waukee	11.69 2
6 Burke, Rob	Ames	11.79 1
7 Ausenhus, Blake	Mason City	12.07
8 Ruddick, Austin	Marshalltown	12.21
9 Platts, Brandon	Mason City	12.31

Event 23 Boys 100 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Lewis, Trey	Wdm Valley	11.62 10

2 Tong, Deng	Ames	11.68 8
3 Looney, Martin	Wdm Valley	11.80 5
3 Miller, Rudy	Ames	11.80 5
5 Ochoa, AJ	Waukee	11.90 2
6 Ruiz, Eddie	Marshalltown	12.03 1
7 Nepp, Pat	Waukee	12.20
8 Higgins, Alonzo	Mason City	12.35
9 Spencer, John	Fort Dodge	12.57
10 Altman, Cameron	Fort Dodge	12.69
11 Ruiz, Junior	Marshalltown	13.32

Event 24 Boys 100 Meter Dash Freshman

Name	School	Finals
Finals		
1 Sacco, Michael	Waukee	11.73 10
2 Branch, Phelan	Ames	11.82 8
3 Lodden, Nolan	Wdm Valley	11.84 6
4 Dean, Jordan	Marshalltown	11.98 4
5 Moher, Levi	Wdm Valley	12.00 2
6 McConnell, Brandon	Mason City	12.98 1
7 Moore, Zach	Marshalltown	13.39
8 Bull, Branson	Mason City	14.10
--- Breitling, Hansen	Ames	DQ
--- Owens, Ryan	Waukee	DQ

Event 25 Boys 400 Meter Dash Varsity

Name	School	Finals
Finals		
1 Tim, Sam	Ames	49.62 10
2 Woods, Walker	Waukee	51.03 8
3 Burns, Kyle	Waukee	51.36 6
4 Kong, Khor	Marshalltown	51.68 4
5 Arp, Brandon	Wdm Valley	52.09 2
6 Guske, Jordan	Wdm Valley	52.30 1
7 Tucker, Ryan	Ames	52.79
8 Skogen, Sam	Mason City	53.40
9 Voves, Ryan	Mason City	55.36

Event 26 Boys 400 Meter Dash Junior Varsity

Name	School	Finals
Finals		
1 Padgett, Jacob	Wdm Valley	53.20 10
2 Hope, Jon	Waukee	56.43 8
3 Hickman, Matt	Mason City	56.80 6
4 Slaughter, Matt	Waukee	57.01 4
5 Wise, Jeff	Mason City	57.17 2
6 Gordan, Luke	Wdm Valley	57.18 1
7 Farmer, Kyle	Ames	57.85
8 Rush, Vinny	Ames	1:01.69

Event 27 Boys 400 Meter Dash Freshman

Name	School	Finals
Finals		
1 Silka, John	Wdm Valley	52.85 10
2 Hauser, Austin	Marshalltown	53.73 8
3 Peters, Nick	Waukee	54.16 6

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Finals ... (Event 27 Boys 400 Meter Dash Freshman)			
Name	School	Finals	
4 Smith, Quentin	Wdm Valley	55.09	4
5 Menuey, Nate	Marshalltown	55.36	2
6 Borchardt, Max	Waukee	56.09	1
7 Maher, Adam	Ames	56.80	
8 Saltou, Josh	Mason City	57.58	
9 Stepleton, Tommy	Mason City	58.90	

Event 28 Boys 4x200 Meter Relay Varsity			
Team	Relay	Finals	
Finals			
1 Wdm Valley	A	1:30.00	10
2 Mason City	A	1:30.55	8
3 Waukee	A	1:31.44	6
4 Ames	A	1:33.77	4
5 Marshalltown	A	1:35.22	2

Event 29 Boys 4x200 Meter Relay Junior Varsity			
Team	Relay	Finals	
Finals			
1 Waukee	B	1:35.04	10
2 Mason City	B	1:37.65	8
3 Wdm Valley	B	1:38.58	6
4 Ames	B	1:40.37	4
5 Marshalltown	B	1:44.31	2

Event 30 Boys 4x200 Meter Relay Freshman			
Team	Relay	Finals	
Finals			
1 Wdm Valley	C	1:34.73	10
2 Waukee	C	1:36.25	8
3 Marshalltown	C	1:37.16	6
4 Ames	C	1:42.94	4
--- Fort Dodge	C	DQ	
--- Mason City	C	DQ	

Event 31 Boys 110 Meter Hurdles Varsity			
Name	School	Finals	
Finals			
1 Novey, Brent	Ames	15.19	10
2 Haverkamp, Luke	Ames	15.38	8
3 Johnson, DeAndre	Wdm Valley	15.62	6
4 Lindaman, Benton	Wdm Valley	15.87	4
5 Johnson, Jay	Fort Dodge	15.99	2
6 Mason, Tyler	Mason City	16.05	1
7 Barry, Chris	Waukee	16.17	
8 Ternes, Bryant	Waukee	16.20	
9 Alexandres, Eric	Mason City	16.41	
10 Hoffman, Grant	Marshalltown	18.32	
11 Harms, Cody	Fort Dodge	18.65	

Event 32 Boys 110 Meter Hurdles Junior Varsity			
Name	School	Finals	
Finals			
1 Rush, Tony	Ames	15.53	10

2 Geske, Tom	Ames	16.41	8
3 Malone, Matthew	Wdm Valley	17.18	6
4 Stanley, Andrew	Waukee	17.23	4
5 Dillard, Jake	Waukee	17.92	2
6 Scott, Zach	Mason City	18.11	1
7 Carper, Nathan	Mason City	18.13	
8 Both, Gach	Wdm Valley	18.61	
9 Schwartzburg, David	Marshalltown	21.00	

Event 33 Boys 110 Meter Hurdles Freshman			
Name	School	Finals	
Finals			
1 Lucs, Nate	Waukee	17.61	10
2 Roepsch, Grant	Waukee	18.15	8
3 Carnahan, Kyle	Marshalltown	18.84	6
4 Burke, Matt	Ames	19.13	4
5 Kober, Parker	Mason City	19.70	2

Event 34 Boys 1600 Meter Run Varsity			
Name	School	Finals	
Finals			
1 Rich, Tyler	Waukee	4:31.94	10
2 Brakke, Cale	Ames	4:32.34	8
3 Thompson, Coty	Mason City	4:33.94	6
4 Pence, Erick	Waukee	4:34.79	4
5 Coppess, Kit	Wdm Valley	4:35.71	2
6 Wiemers, Nathan	Wdm Valley	4:36.06	1
7 James, Jimma	Marshalltown	4:40.00	
8 Manchester, Cody	Mason City	4:42.48	
9 Carbajal, David	Marshalltown	4:53.19	
10 Riessen, Ryan	Fort Dodge	4:57.82	
11 Birnbaum, Matt	Fort Dodge	5:13.23	

Event 35 Boys 1600 Meter Run Junior Varsity			
Name	School	Finals	
Finals			
1 Fink, Patrick	Marshalltown	4:46.30	10
2 Wiemers, Zachary	Wdm Valley	4:47.79	8
3 Hughes, Logan	Wdm Valley	4:50.88	6
4 Sanchez, Bryant	Mason City	4:55.44	4
5 Hoyt, Jordan	Waukee	4:57.43	2
6 Bird, Leo	Ames	4:57.90	1
7 Wink, Mitch	Waukee	4:59.72	
8 Hugo, Charlie	Mason City	5:01.63	
9 Becraft, Devin	Ames	5:08.90	
10 Springer, John	Fort Dodge	5:18.41	
11 Hendrix, Stetson	Fort Dodge	5:45.22	
12 Landt-Rider, Barry	Marshalltown	5:45.40	

Event 36 Boys 1600 Meter Run Freshman			
Name	School	Finals	
Finals			
1 Nuehring, Kyle	Waukee	4:47.07	10
2 Griffith, Jackson	Ames	4:54.72	8
3 Rich, AJ	Waukee	5:01.43	6
4 Hadish, Johnny	Ames	5:07.37	4

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Finals ... (Event 36 Boys 1600 Meter Run Freshman)

Name	School	Finals	
5 Wilson, Zach	Mason City	5:15.51	2
6 Hutchinson, Jonathon	Wdm Valley	5:26.03	1
7 Peters, Dalton	Mason City	5:27.80	
8 Herr, Jacob	Wdm Valley	5:29.33	
9 Russell, Reed	Fort Dodge	5:38.09	

Event 37 Boys 200 Meter Dash Varsity

Name	School	Finals	
Finals			
1 Tim, Sam	Ames	22.12	10
2 Harris, Mike	Wdm Valley	23.03	7
2 Breckenridge, Bradley	Wdm Valley	23.03	7
4 Leviner, Zane	Waukee	23.16	4
5 Huisman, Noah	Mason City	23.19	2
6 Owens, Chad	Waukee	23.33	1
7 Berg, Dan	Ames	24.08	
8 Thimesch, Nick	Marshalltown	24.11	
9 Krough, Heath	Marshalltown	24.58	
10 Gealow, Lee	Mason City	25.70	

Event 38 Boys 200 Meter Dash Junior Varsity

Name	School	Finals	
Finals			
1 Padgett, Jacob	Wdm Valley	23.33	10
2 Philblad, Sean	Waukee	24.08	8
3 Looney, Martin	Wdm Valley	24.08	6
4 Thompson, Corey	Ames	25.04	4
5 Spencer, John	Fort Dodge	25.12	2
6 Nepp, Pat	Waukee	25.15	1
7 Roth, Enrico	Marshalltown	25.20	
8 Hampton, Zack	Ames	25.32	
9 Altman, Cameron	Fort Dodge	25.74	
10 Fritz-Ward, Zach	Mason City	25.97	
11 Kunz, Derek	Mason City	26.52	
12 Meyer, Daniel	Marshalltown	28.42	

Event 39 Boys 200 Meter Dash Freshman

Name	School	Finals	
Finals			
1 Santry, Taner	Waukee	24.26	10
2 Moher, Levi	Wdm Valley	24.32	8
3 Silka, John	Wdm Valley	24.50	6
4 Hauser, Austin	Marshalltown	24.98	4
5 Kuel, Cody	Waukee	25.13	2
6 Van Every, Dean	Ames	25.34	1
7 Moore, Zach	Marshalltown	25.65	
8 Habben, Jericho	Fort Dodge	26.10	
9 Wandling, Luke	Ames	26.24	
10 Clark, Brandon	Mason City	27.26	
11 DeMaris, Cody	Mason City	27.98	
12 Xu, Andrew	Fort Dodge	28.03	

Event 40 Boys 400 Meter Hurdles Varsity

Name	School	Finals	
Finals			
1 Lorber, Ross	Waukee	56.30	10
2 Novey, Brent	Ames	56.40	8
3 Getting, Jon	Waukee	56.75	6
4 Oman, Scott	Wdm Valley	57.81	4
5 Deverell, Josh	Mason City	57.87	2
6 Hoffman, Grant	Marshalltown	57.87	1
7 Guo, Alan	Ames	58.24	
8 Brown, Connor	Fort Dodge	58.63	
9 Hines, Dustin	Mason City	1:00.91	
10 Metz, Tanner	Marshalltown	1:01.48	
11 Stern, Matthew	Wdm Valley	1:03.45	

Event 41 Boys 400 Meter Hurdles Junior Varsity

Name	School	Finals	
Finals			
1 Lindaman, Benton	Wdm Valley	58.66	10
2 Breuer, Evan	Waukee	59.38	8
3 Tucker, Ryan	Ames	1:00.01	6
4 Geske, Tom	Ames	1:02.15	4
5 Cambell, Seth	Wdm Valley	1:03.87	2
6 Slocum, Joe	Marshalltown	1:04.45	1
7 Scott, Zach	Mason City	1:05.38	
8 Schwartzenburg, David	Marshalltown	1:10.22	

Event 42 Boys 400 Meter Hurdles Freshman

Name	School	Finals	
Finals			
1 Lucs, Nate	Waukee	59.44	10
2 Easley, Beau	Waukee	1:02.64	8
3 Wang, Jordan	Wdm Valley	1:03.33	6
4 Burke, Matt	Ames	1:03.78	4
5 Carnahan, Kyle	Marshalltown	1:04.79	2
6 Fritz, Dominic	Wdm Valley	1:06.65	1
7 Kober, Parker	Mason City	1:09.21	

Event 43 Boys 1600 Sprint Medley Varsity

Team	Relay	Finals	
Finals			
1 Wdm Valley	A	3:36.41	10
2 Mason City	A	3:37.94	8
3 Waukee	A	3:38.42	6
4 Fort Dodge	A	3:45.59	4
5 Marshalltown	A	3:46.64	2
6 Ames	A	3:54.94	

Event 44 Boys 1600 Sprint Medley Junior Varsity

Team	Relay	Finals	
Finals			
1 Mason City	B	3:53.58	10
2 Wdm Valley	B	3:55.19	8
3 Waukee	B	4:00.29	6
4 Marshalltown	B	4:01.46	4

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Finals ... (Event 44 Boys 1600 Sprint Medley Junior Varsity)

Team	Relay	Finals
5 Ames	B	4:07.77 2

Event 45 Boys 1600 Sprint Medley Freshman

Team	Relay	Finals
Finals		
1 Waukee	C	3:55.69 10
2 Marshalltown	C	4:01.12 8
3 Wdm Valley	C	4:04.64 6
4 Ames	C	4:06.13 4
5 Fort Dodge	C	4:06.98 2
--- Mason City	C	DNF

Event 46 Boys 800 Meter Run Varsity

Name	School	Finals
Finals		
1 Coffman, Bennet	Wdm Valley	1:57.08 10
2 Ring, Quentiin	Ames	1:57.70 8
3 Lorber, Ross	Waukee	1:58.98 6
4 Burns, Kyle	Waukee	2:00.30 4
5 Kong, Khor	Marshalltown	2:01.62 2
6 Cruse, Jordan	Mason City	2:03.28 1
7 Wiemers, Nathan	Wdm Valley	2:04.23
8 Thompson, Coty	Mason City	2:06.05
9 Steelman, Brett	Ames	2:08.37
10 Schuh, Marty	Fort Dodge	2:10.30
11 Reed, Jeremiah	Fort Dodge	2:19.12

Event 47 Boys 800 Meter Run Junior Varsity

Name	School	Finals
Finals		
1 Hain, Clint	Mason City	2:07.87 10
2 Pence, Erick	Waukee	2:07.90 8
3 Dolan, Tyler	Wdm Valley	2:10.62 6
4 Kipkemboi, Kevin	Wdm Valley	2:11.46 4
5 Freeman, Ryan	Waukee	2:12.53 2
6 Holm, Alex	Marshalltown	2:14.31 1
7 Tocheri, Byron	Marshalltown	2:15.26
8 Becraft, Devin	Ames	2:21.86
9 Lennon, Josh	Fort Dodge	2:23.64
10 Jones, Rory	Ames	2:25.56
11 Arends, Monty	Fort Dodge	2:39.07

Event 48 Boys 800 Meter Run Freshman

Name	School	Finals
Finals		
1 Gutschenritter, Chad	Waukee	2:05.69 10
2 Nuehring, Kyle	Waukee	2:06.76 8
3 Brown, Cody	Ames	2:15.95 6
4 Griffith, Jackson	Ames	2:18.01 4
5 Hoy, Tanner	Mason City	2:18.85 2
6 Cushing, Eric	Wdm Valley	2:21.50 1
7 Bridge, Trevor	Wdm Valley	2:24.64
8 Hughes, David	Marshalltown	2:26.68
9 Mead, Brent	Mason City	2:45.44

10 Jarvis, Tyler Fort Dodge 2:54.01

Event 49 Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	43.35 10
2 Wdm Valley	A	43.43 8
3 Ames	A	44.14 6
4 Mason City	A	44.33 4
5 Marshalltown	A	45.74 2

Event 50 Boys 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Wdm Valley	B	44.66 10
2 Waukee	B	45.83 8
3 Ames	B	48.21 6
4 Mason City	B	49.00 4
5 Marshalltown	B	51.96 2

Event 51 Boys 4x100 Meter Relay Freshman

Team	Relay	Finals
Finals		
1 Waukee	C	46.15 10
2 Wdm Valley	C	46.19 8
3 Marshalltown	C	47.86 6
4 Ames	C	48.49 4
5 Mason City	C	50.41 2
--- Fort Dodge	C	DQ

Event 52 Boys 4x400 Meter Relay Freshman

Team	Relay	Finals
Finals		
1 Waukee	C	3:43.12 10
2 Wdm Valley	C	3:46.61 8
3 Ames	C	3:59.00 6
4 Fort Dodge	C	4:11.03 4
5 Mason City	C	4:12.54 2

Event 53 Boys 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Mason City	B	3:37.72 10
2 Wdm Valley	B	3:39.43 8
3 Waukee	B	3:40.18 6
4 Marshalltown	B	3:42.94 4
5 Ames	B	3:47.57 2
6 Fort Dodge	B	3:53.49

Event 54 Boys 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	3:23.00 10
2 Wdm Valley	A	3:23.45 8
3 Mason City	A	3:23.75 6
4 Marshalltown	A	3:35.88 4
5 Ames	A	3:36.75 2

Iowa Conference - Boys - 5/11/2009

Ames High School

Results

Finals ... (Event 54 Boys 4x400 Meter Relay Varsity)

Team	Relay	Finals
6 Fort Dodge	A	3:37.52

Men - Varsity - Team Rankings - 18 Events Scored

1) WDM Valley	147
2) Waukee	143
3) Ames	136
4) Mason City	77
5) Marshalltown	31
6) Fort Dodge	18

Men - Junior Varsity - Team Rankings - 18 Events Scored

1) WDM Valley	193
2) Waukee	118
3) Mason City	101
4) Ames	91
5) Marshalltown	43
6) Fort Dodge	3

Men - Freshman - Team Rankings - 18 Events Scored

1) Waukee	182
2) WDM Valley	116
3) Ames	86
4) Marshalltown	68
5) Mason City	55
6) Fort Dodge	34